



Since October 1, 2015, the official coding system in the United States has been the International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM). ICD-10-CM is a version of the World Health Organization's ICD-10 that has been modified for clinical use by the Centers for Disease Control and Prevention's National Center for Health Statistics (NCHS) and provides the only permissible diagnostic codes for mental disorders for clinical use in the United States.

The codes that appear in DSM are the ICD codes that are equivalent to the DSM diagnoses. In DSM-5 both ICD-9 and ICD-10 codes were included, given that at the time of DSM-5 release the ICD-9-CM system was still in use in the United States. DSM-5-TR will, however, include only ICD-10-CM codes since they are the only official coding system in the United States at this time.

Most disorders in DSM-5-TR have an alphanumeric ICD-10-CM code that appears preceding the name of the disorder (or coded subtype or specifier). The text sections "recording procedures" or "coding notes" describe the appropriate coding procedure for the DSM diagnoses. The use of diagnostic codes is fundamental to medical record keeping. It facilitates data collection and retrieval and compilation of statistical information.

DSM is the manual used by clinicians and researchers to diagnose and classify mental disorders. The American Psychiatric Association (APA) will publish DSM-5-TR in 2022.

APA is a national medical specialty society whose more than 37,400 physician members specialize in the diagnosis, treatment, prevention, and research of mental illnesses, including substance use disorders. Visit the APA at www.psychiatry.org. For more information, please contact APA Communications at 202-459-9732 or press@psych.org.

© 2022 American Psychiatric Association



Order DSM-5-TR and related titles
at www.appi.org