

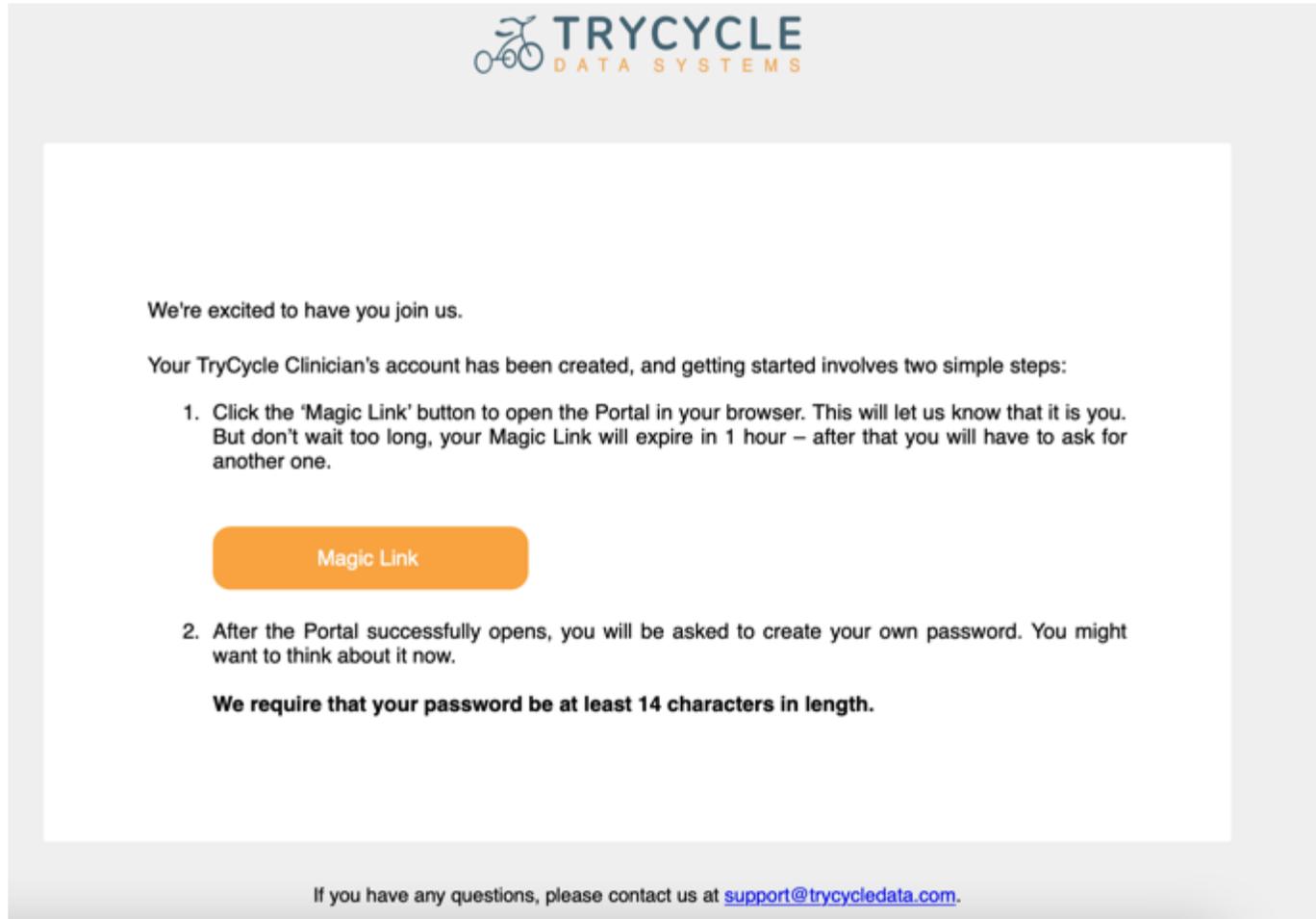


TryCycle Clinician Quick Reference Guide

Table of Content

SECTIONS	PAGE(S)
1. Account Set Up Email	3
2. Logging In	4
4. Navigation	5
5. Clinician Settings	6
6. Adding New Patients	7
7. Assigning PROMs & Setting Reminders	8
8. Editing Patient Profile	9 - 10
9. Patient List & Current Mood Levels	11
10 Drill Down to PROMs Results	12
11. Full Results for Selected Encounter	13
12. Checking In with Patient	14

Account Set Up Email

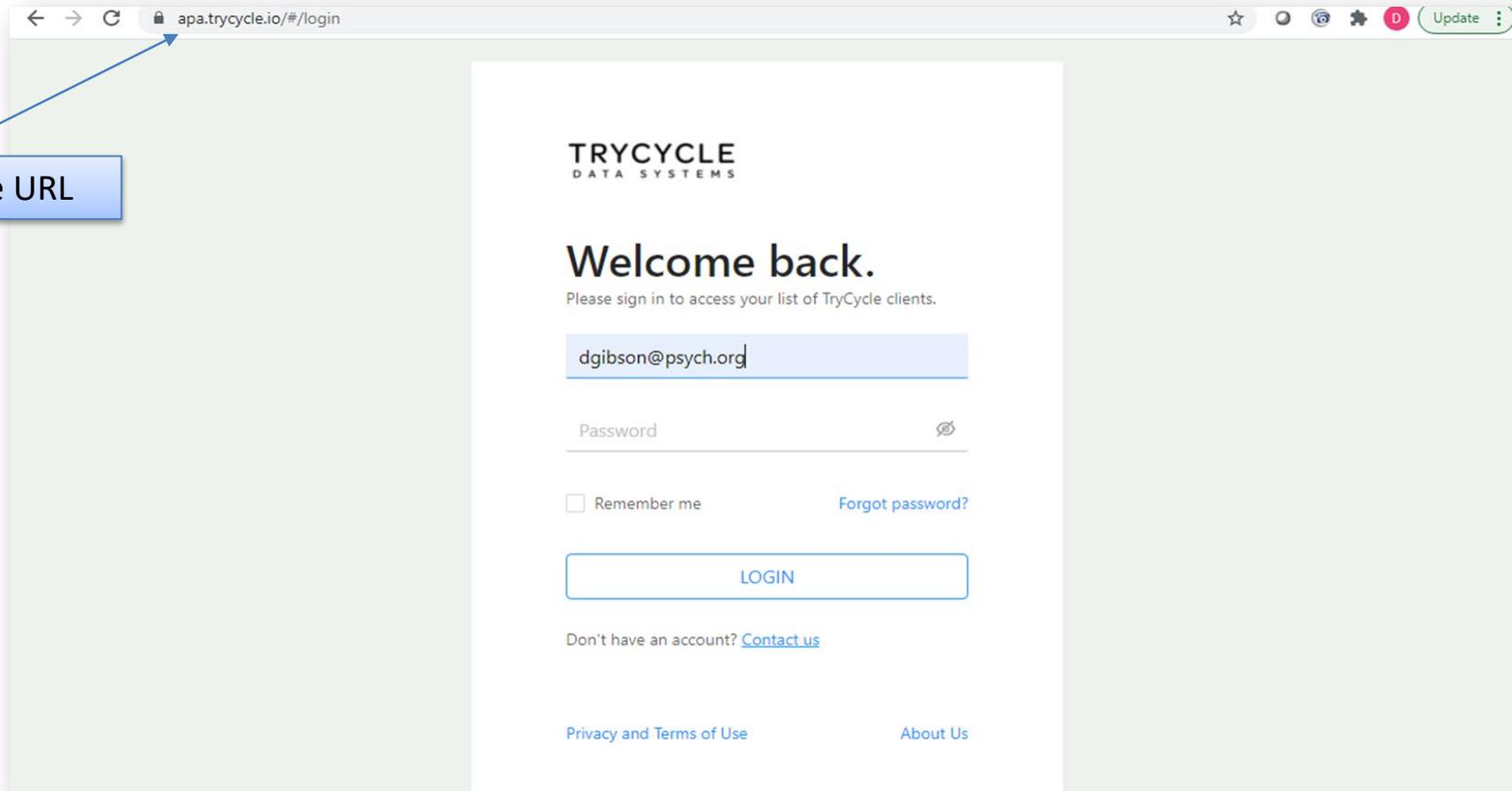


This is an automated message (from sender: accounts@trycycledata.com) to each **clinician**, confirming that a TryCycle account has been created and steps to create a password.

Subject line: Welcome to TryCycle!

Logging In

- Each practice will receive a unique login URL set up by APA staff
- Once your practice is set up, you will receive your URL and a temporary password. You will be prompted to set up a permanent password.



← → ↻  apa.trycycle.io/#/login ☆      Update ⋮

TRYCYCLE
DATA SYSTEMS

Welcome back.

Please sign in to access your list of TryCycle clients.

Password 

Remember me [Forgot password?](#)

Don't have an account? [Contact us](#)

[Privacy and Terms of Use](#) [About Us](#)

Navigation

Navigation Bar

Aggregate Practice Data

Patient List



- Home
- Clients
- Add Client
- Resources
- My Settings
- Logout

Current Risk Level of My 7 Clients Last Updated: Aug 02 2021, 7:10 am

[Refresh](#) [Clear filters](#)

High Risk

1

14%

Medium Risk

0

0%

Low Risk

1

14%

Not Logged

5

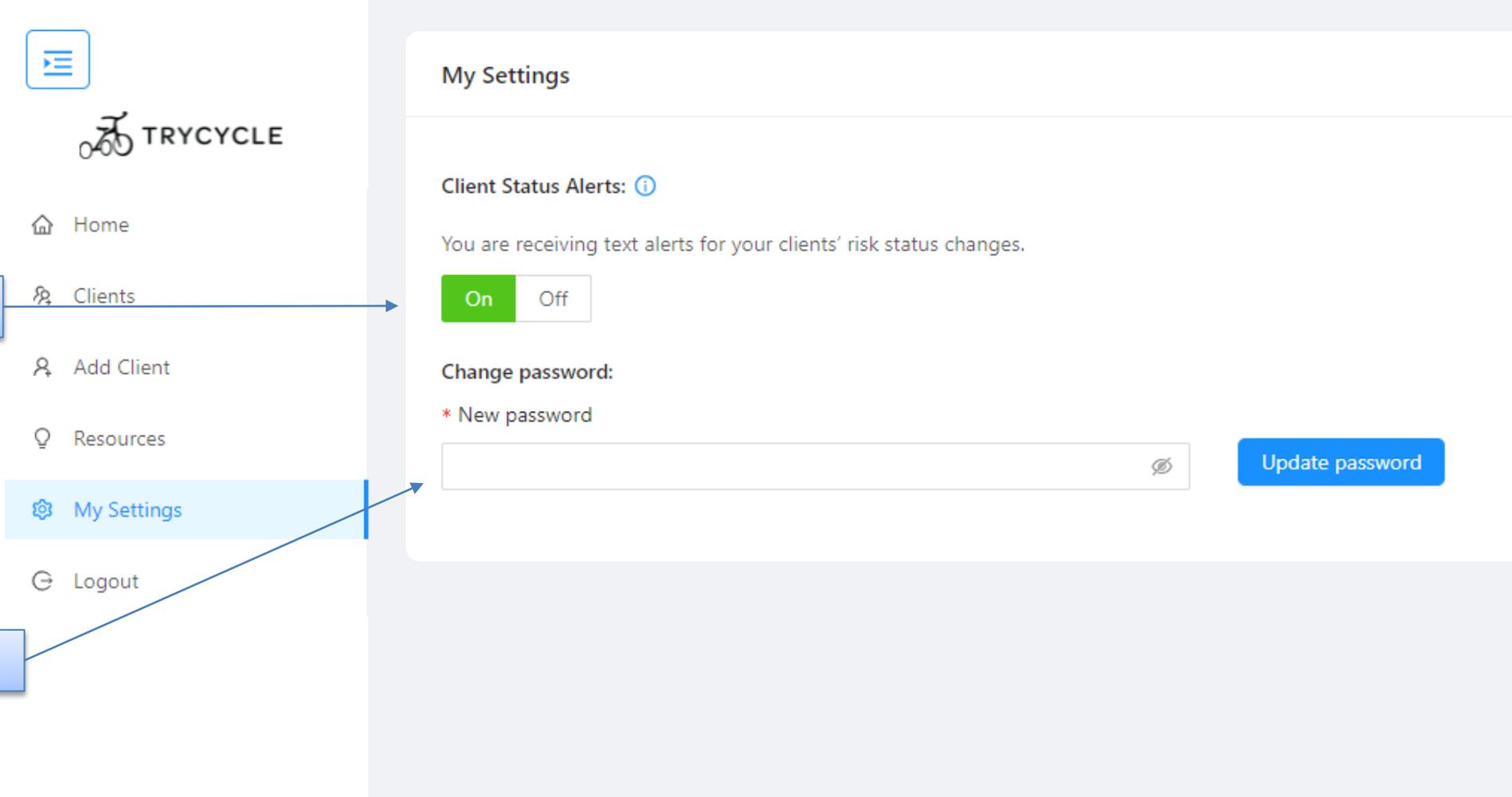
71%

Name	Current Risk	Previous Risk	Sentiment	Last Check-In	Last Touchpoint	Sites
Casanova, Alicia	-	●●●●●●●●	Neutral	Jul 30 2021, 10:59AM		APA Clinic 1
APA-TEST, Anne	●	●●●●●●●●		Jul 21 2021, 5:04PM	May 20 2021, 2:49PM	APA Clinic 1
Gibson, Debbie	●	●●●●●●●●		Jun 29 2021, 12:55PM	Jun 07 2021, 6:22PM	APA Clinic 1
Trainor, Tucker	●	●●●●●●●●		Jun 04 2021, 9:05AM		APA Clinic 1
Trainor, Kevin	●	●●●●●●●●		Jun 04 2021, 8:54AM		APA Clinic 1
Trainor, Kevin	●	●●●●●●●●				APA Clinic 1
Shaw, Shedane	●	●●●●●●●●				APA Clinic 1

Clinician Settings

Turn On/Off Alters

Change Password



TRYCYCLE

- Home
- Clients
- Add Client
- Resources
- My Settings
- Logout

My Settings

Client Status Alerts: ⓘ

You are receiving text alerts for your clients' risk status changes.

On Off

Change password:

* New password

Adding New Patients

- 
- 
-  Home
-  Clients
-  Add Client
-  Resources
-  My Settings
-  Logout

Add New Patient

* Email Phone Number * Address

* Country * City * State / Province * Zip/Postal Code

* Gender * Marital Status * Required Fields

* Site Assignment * Product Assignment * Clinician Assignment

Primary Diagnosis Secondary Diagnosis Tertiary Diagnosis

Reminder Assignment

Add Reminder

No Reminders set.

* Temporary Password



Add Client

Set Temporary Password

Assigning PROMs & Setting Reminders

Email Phone Number Address

Country City State / Province Zip/Postal Code

Gender Marital Status Race

Site Assignment Product Assignment
Brief Addiction Monitor (BAM-17)
General Anxiety Disorder (GAD-7)
Patient Health Questionnaire Short (PHQ-2+1)

Clinician Assignment
Tertiary Diagnosis

Assign PROMs

Set Patient Reminders

Set Reminders

Select Period
 Every:

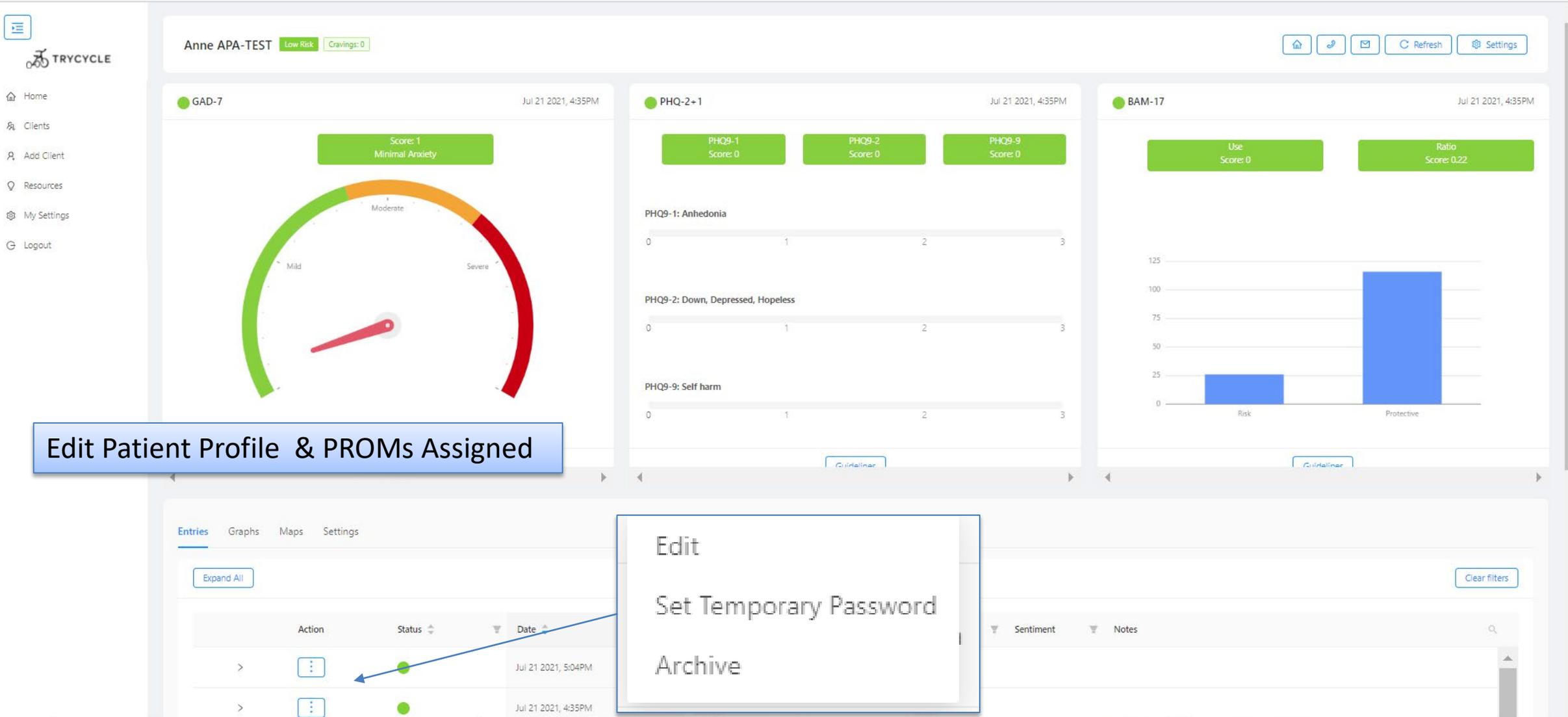
Select Day of Month

01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Select Hours

Reminder Assignme

Editing Patient Profile



TRYCYCLE

Anne APA-TEST Low Risk Cravings: 0

Home Clients Add Client Resources My Settings Logout

GAD-7 Jul 21 2021, 4:35PM

Score: 1
Minimal Anxiety

Mild Moderate Severe

PHQ-2+1 Jul 21 2021, 4:35PM

PHQ9-1 Score: 0 PHQ9-2 Score: 0 PHQ9-9 Score: 0

PHQ9-1: Anhedonia
0 1 2 3

PHQ9-2: Down, Depressed, Hopeless
0 1 2 3

PHQ9-9: Self harm
0 1 2 3

BAM-17 Jul 21 2021, 4:35PM

Use Score: 0 Ratio Score: 0.22

Risk Protective

Edit Patient Profile & PROMs Assigned

Entries Graphs Maps Settings

Expand All

Action	Status	Date
> 		Jul 21 2021, 5:04PM
> 		Jul 21 2021, 4:35PM

Edit
Set Temporary Password
Archive

Sentiment Notes

Editing Patient Profile

- TRYCYCLE
- Home
- Clients
- Add Client
- Resources
- My Settings
- Logout

Change Practice Location (points to Site Assignment)

Change Clinicians Assigned (points to Clinician Assignment)

Change Diagnosis (points to Primary Diagnosis)

Change PROMs Assigned (points to Product Assignment)

Anne APA-TEST Low Risk Cravings: 0 Home Share Email Refresh Settings

Client Information

* Site Assignment: APA Clinic 1

* Product Assignment: Patient Health Questionnaire Short (PHQ-2+1), General Anxiety Disorder (GAD-7), Brief Addiction Monitor (BAM-17)

* Clinician Assignment: Casanova, Barbara (Clinician, APA), Gibson, Debbie

Primary Diagnosis: Select primary diagnosis

Secondary Diagnosis: Select secondary diagnosis

Tertiary Diagnosis: Select tertiary diagnosis

* First Name: Anne

Middle Name: Middle Name

* Last Name: APA-TEST

* Date of Birth: 1974-09-29

* Medical Record #: 19191919191

* Email: gad7@trycycledata.com

Phone Number: (574) 968-3521

* Address: 1 Front St.

* Country: United States

* City: Chicago

* State / Province: IL

* Zip/Postal Code: 46757

* Gender: Female

* Marital Status: Divorced

* Race: Latinx

Patient List & Current Mood Level

View Patients Most Recent Mood Level



TRYCYCLE

Home

Clients

Add Client

Resources

My Settings

Logout

Current Risk Level of My 7 Clients

Last Updated: Aug 02 2021, 7:10 am

Refresh

Clear filters

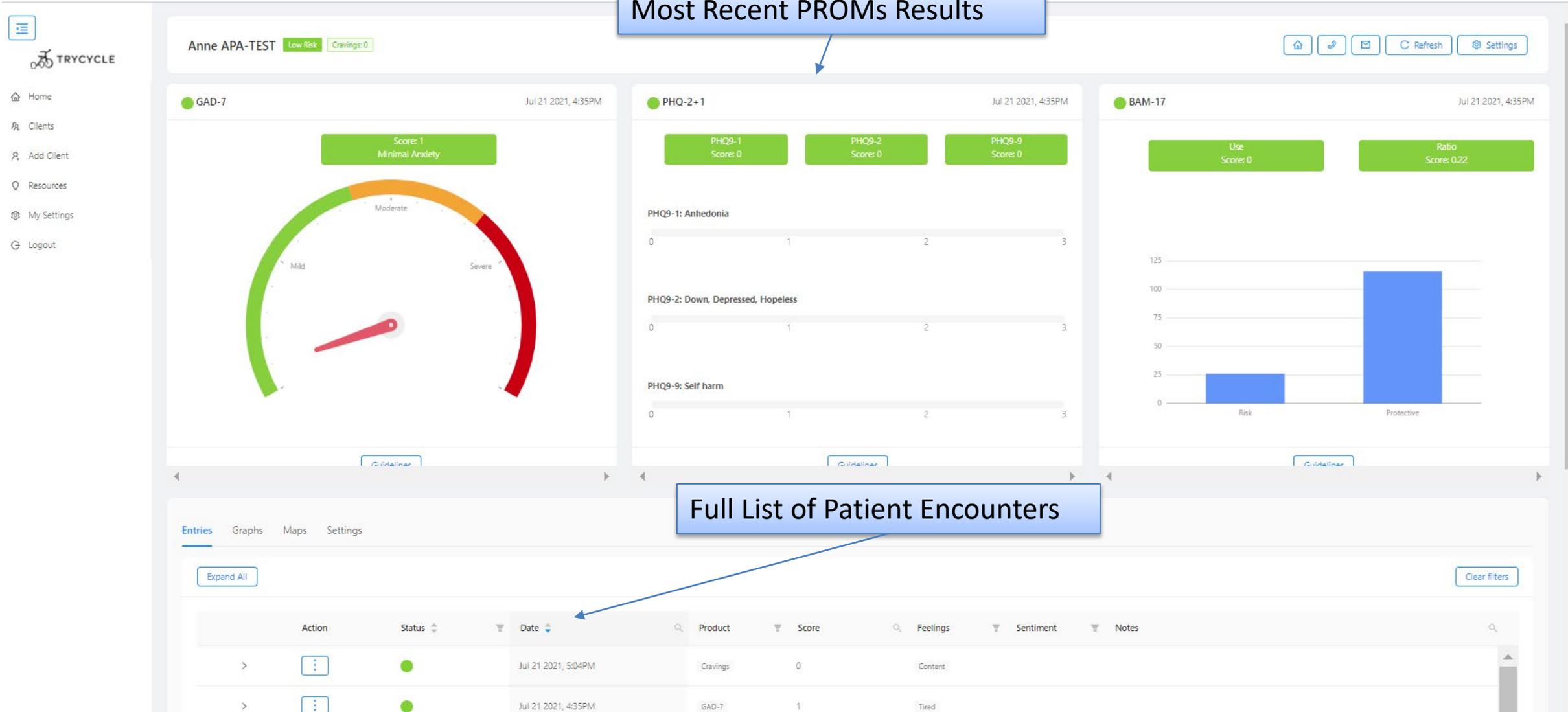


Name	Current Risk	Previous Risk	Sentiment	Last Check-In	Last Touchpoint	Sites
Casanova, Alicia	High Risk	High Risk	Neutral	Jul 30 2021, 10:59		
APA-TEST, Anne	Low Risk	High Risk		Jul 21 2021, 5:04		
Gibson, Debbie	Not Logged	High Risk		Jun 29 2021, 12:55PM	Jun 07 2021, 6:22PM	APA Clinic 1
Tucker	Not Logged	Not Logged		Jun 04 2021, 9:05AM		APA Clinic 1
Trainor, Kevin	Not Logged	Not Logged		Jun 04 2021, 8:54AM		APA Clinic 1
Trainor, Kevin	Not Logged	Not Logged				APA Clinic 1
Shaw, Shedane	Not Logged	Not Logged				APA Clinic 1

Select Patient Name

All Fields with arrows can be sorted

Drill Down to PROMs Results



Most Recent PROMs Results

Anne APA-TEST Low Risk Cravings: 0

GAD-7 Jul 21 2021, 4:35PM

Score: 1
Minimal Anxiety

PHQ-2+1 Jul 21 2021, 4:35PM

PHQ9-1 Score: 0 PHQ9-2 Score: 0 PHQ9-9 Score: 0

PHQ9-1: Anhedonia
0 1 2 3

PHQ9-2: Down, Depressed, Hopeless
0 1 2 3

PHQ9-9: Self harm
0 1 2 3

BAM-17 Jul 21 2021, 4:35PM

Use Score: 0 Ratio Score: 0.22

Full List of Patient Encounters

Action	Status	Date	Product	Score	Feelings	Sentiment	Notes
>	●	Jul 21 2021, 5:04PM	Cravings	0	Content		
>	●	Jul 21 2021, 4:35PM	GAD-7	1	Tired		

Full Results for Selected Encounter



- Home
- Clients
- Add Client
- Resources
- My Settings
- Logout

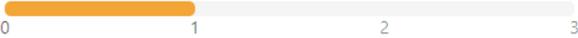
Alicia Casanova Not Logged Cravings: 3

[Home](#) [Refresh](#) [Settings](#)

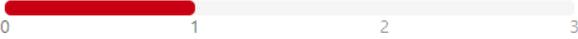
PHQ-2+1 Jun 07 2021, 12:09PM

PHQ9-1 Score: 1 PHQ9-9 Score: 1

PHQ9-1: Anhedonia

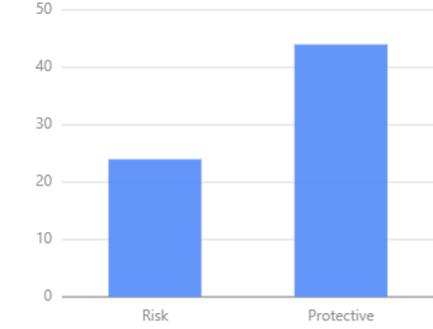


PHQ9-9: Self harm



BAM-17 Jun 07 2021, 12:09PM

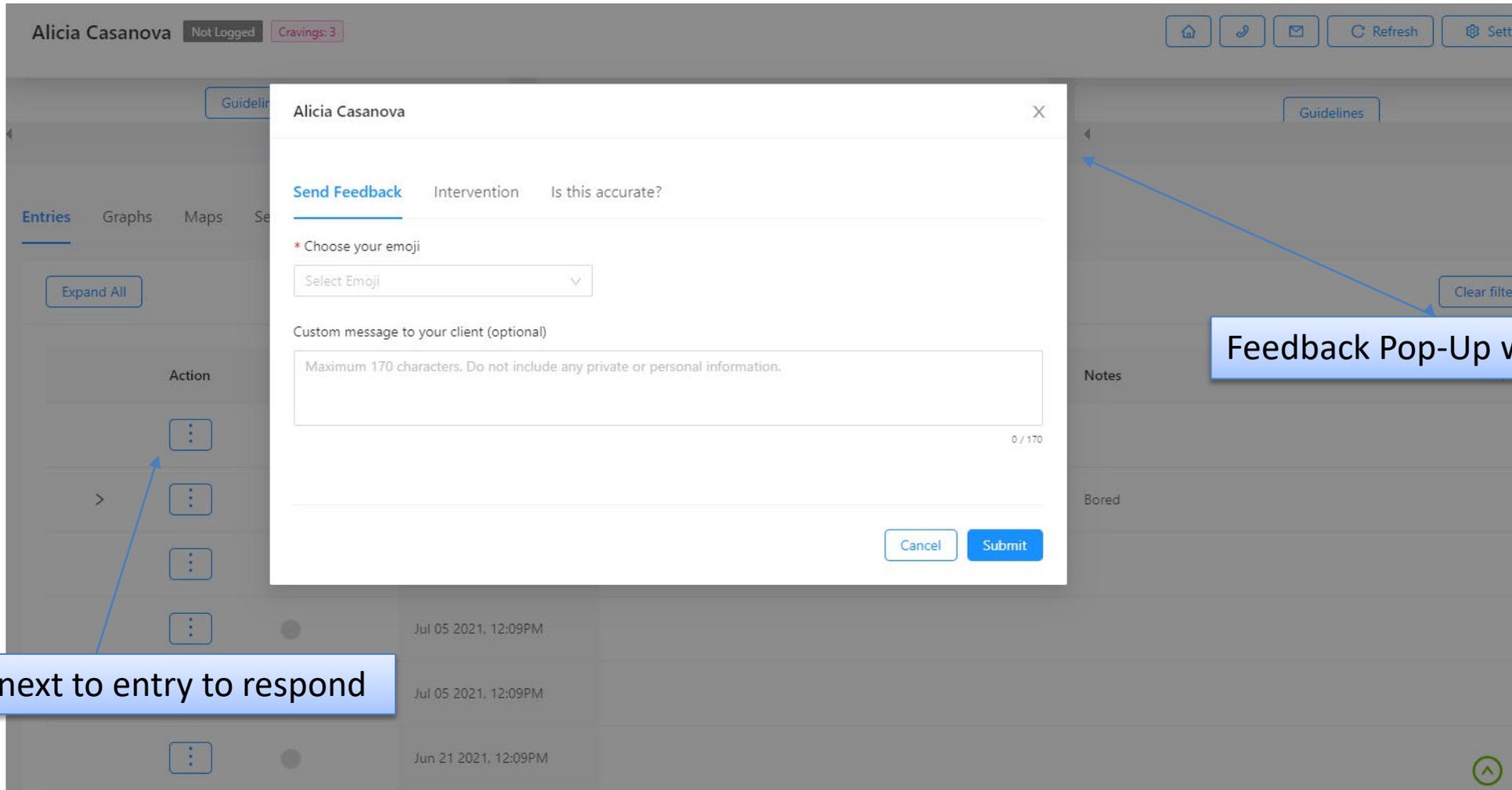
Use Score: 0 Ratio Score: 0.55



Category	Score
Risk	24
Protective	44

[Guidelines](#) [Guidelines](#) [Guidelines](#)

Checking In with Patient



Click Action next to entry to respond

Feedback Pop-Up will Open