June 6, 2022

Statement on Gun Violence Crisis from 60 National Organizations

Our organizations write to express our deep concerns about false and harmful attempts to link mental illness and gun violence. The horrific school shooting in Uvalde, Texas that killed 19 children and two adults on May 24th is just one in a long series of mass shootings throughout our country. These shootings have one thing in common – easy access to weapons that can kill with terrifying efficiency on a massive scale.

Attempts to connect mental illness to mass shootings are a distraction that inflicts enormous damage by taking attention from solutions that could actually prevent such events. This perpetuates a false narrative that encourages stigmatization of and discrimination against the
millions of Americans living with mental health conditions who are more likely to be victims of
violence than perpetrators of it.¹ In fact, persons with mental illness account for a very small portion
of gun violence.² While mental health conditions are common in countries across the globe³, the
United States is the only country where mass shootings have become disturbingly commonplace. In
fact, firearms are now the leading cause of death for children and adolescents in the United States.⁴
Not coincidentally, the U.S. is also alone in making firearms widely available with few restrictions.

Gun violence is a public health crisis, and the trauma and fear caused by mass shootings
significantly worsen Americans’ mental health. A large majority of adults in the United States
experience stress associated with mass shootings, and a third of U.S. adults say that fear of mass
shootings stops them from going to certain places and events.⁵ Moreover, research has shown that
victims and members of affected communities experience increases in posttraumatic stress
symptoms, depression, and other signs of psychological concerns. Other studies have found that,
after previous mass shootings, youth felt less safe and more fearful.⁶ These findings, many of which
are unsurprising, make it all the more important to take urgent action to prevent these shootings,
particularly in light of our nation’s ongoing youth mental health crisis.

Our organizations welcome continued bipartisan efforts to improve our country’s mental health
and substance use systems. These should be pursued because they will enhance our collective well-
being, improve and save countless lives, and lead to a more vibrant and resilient country. However,
what these reforms alone will not do is address the epidemic of mass shootings. To prevent more
carnage, policymakers must act now to address the national crisis of gun violence and work on a
bipartisan basis to pass meaningful solutions that promote gun safety in all of our communities.

2020 Mom
A New PATH (Parents for Addiction Treatment & Healing)
All4Ed
Alliance for Quality Education
American Association for Marriage and Family Therapy
American Association for Psychoanalysis in Clinical Social Work
American Association of Child and Adolescent Psychiatry
American Association of Psychiatric Pharmacists (previously known as CPNP)
American Council for School Social Work
American Counseling Association
American Federation of Teachers
American Foundation for Suicide Prevention
American Group Psychotherapy Association
American Nurses Association
American Osteopathic Academy of Addiction Medicine
American Psychiatric Association
American Psychological Association
American School Counselor Association
American Society of Addiction Medicine
Anxiety and Depression Association of America
Association for Behavioral Health and Wellness
Autism Society of America
Autistic Self Advocacy Network
Bazelon Center for Mental Health Law


