

Position Statement on Psychotherapy by Psychiatrists

Approved by the Board of Trustees, September 2009

Approved by the Assembly, May 2009

"Policy documents are approved by the APA Assembly and Board of Trustees...These are...position statements that define APA official policy on specific subjects..." – *APA Operations Manual*.

The APA views psychotherapy as part of the identity and skill set of practicing psychiatrists, as an essential ingredient in psychiatric training, and as a psychiatric service that should be made available and accessible to patients.

Developed by the Committee on Psychotherapy by Psychiatrists.