



APA MOORE Equity in Mental Health Youth Summit

In Partnership with the Marion Barry Youth Leadership Institute

Breaking Barriers and Building Bridges: Prioritizing Youth Mental Wellness

Join us at Catholic University on July 24th
to learn more about mental wellness,
connect with peers, mental health
clinicians, & amazing speakers!

Register here:





PROGRAM

Check-In & Opening Remarks

9:00 AM- 10:10 AM

Welcome Remarks: Regina S. James, M.D.

Opening Session: Marketa M. Wills, M.D., M.B.A., FAPA

Breakout Session I

10:20 AM- 11:05 AM

Trauma and its Impact on the Brain (WISE Center)

Mindfulness and its Impact on the Mind and Body (WISE Center)

Effective conflict resolution (SchoolTalk DC)

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Breakout Session II

11:15 AM- 12:05 AM

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Trauma and its Impact on the Brain (WISE Center)

Mindfulness and its Impact on the Mind and Body (WISE Center)

Reconvene in the Great Hall for Lunch

Lunch & Keynote Address:

12:20 PM- 1:20 PM

Keynote: Jay Barnett, D.H.A.

Q&A from the Audience

Prioritizing My Mental Wellness

1:25 PM-1:40 PM

Susan Smallwood, Owner of Gradiosity Events*

Closing Session

1:45 PM-2:15 PM

Zainab Okolo, Ed.D., LCMFT, Senior Vice President of Policy, Advocacy, and Government Relations, Jed Foundation

Closing Remarks & Dismissal

2:15 PM-2:20 PM

Sponsor

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Participating Organizations



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WISE

MedStar Georgetown
Center for Wellbeing in
School Environments



The Jed Foundation