

SET for Success



Checklist

AMERICAN
PSYCHIATRIC
ASSOCIATION



The Supplemental Education and Training (**SET**) program is an online experience designed to supplement and complement psychiatric training and education. **SET** provides Resident-Fellow Members (**RFMs**) with online resources, through the Learning Center, to enhance their medical knowledge and practice of psychiatry. **SET** takes into consideration the core competencies of psychiatry and focuses on the achievement of milestones in psychiatric training, including psychiatric practice, treatment and care, and special populations.

How to Use SET

Several features that make **SET** and the APA Learning Center an invaluable tool for trainees and training programs include the “My Portfolio” tracking and reporting section, which provides certificates and transcripts documenting the learning progress, and the “Catalog” which offers the ability to search by topic, sub-topic, core competency, milestone, and activity type. Program Directors at 100% Club residency training programs now receive free access to all **SET** activities, including associated **CME** credits.

- Individual Learning:** Complete courses independently to supplement the patient care setting.
- Group Learning:** Complete courses as a group or use for presentations, such as Grand Rounds.
- Multi-Approach Learning:** Complete courses individually and apply and contextualize in daily practice.
- For Program Directors:** Reinforce teaching in the patient care setting and help reach learning milestones.



Practice Management

- Applying the Integrated Care Approach: Skills for the PCP
- Care Transitions from Inpatient to Outpatient Settings: Applying Best Practices
- Documentation with a Jury in Mind
- DSM-5-TR: What You Need to Know
- Empowering Trainees to Engage in Scholarly Work and Leadership Roles
- ER Psychiatry 101: Standards, Solutions, and Safety
- Evaluation, Management, Coding, and Documentation: What all Psychiatrists in Clinical Practice Need to Know
- How Mitigating Risk Can Help You
- Leadership Training for Trainees by Trainees
- Leading, Creating and Working in Interdisciplinary Psychiatric Teams
- Life After Residency - Starting a Practice and Insurance Considerations
- Mitigating Risk When Using Social Media & Technology in Psychiatry
- Mitigating Risk When Practicing Addiction Psychiatry
- Patient Suicide in Residency Training: The Ripple Effect
- Professional Advocacy Through a Health Equity Lens
- Risk Considerations with Depositions, Subpoenas and Court Orders
- Risk Management Considerations with Supervisory, Collaborative and Consultative Relationships
- Technology Acceptance and the Digital Divide
- Telepsychiatry and Risk Management Considerations
- What Does the General Practitioner Need to Know About Forensic Psychiatry?



Psychiatric Treatment & Care

- Anxiety Disorders Treatment: Current State and Future Promise
- Assessment and Management of Memory Complaints in Older Adults
- Brain Networks in Psychiatric Disorders
- Cannabinoids for Psychiatric Indications? What Physicians Need to Know
- Climate Psychiatry: What Every Psychiatrist Should Know
- Comparative Effectiveness of Medication Strategies for Treatment Resistant Depression in Late-Life: Results from the Optimum Study
- Decoding Neurocognitive Disorders in Older Adults: Assessment & Evidence-Based Treatments
- Dispelling Myths About Head Injuries: An Impactful Look at Sport-Related Concussion
- Eating Disorders: A Clinical Update
- Food for Thought: Mindful Nutrition and Mental Health
- Friend, Frenemy, or Foe: The Role of Adolescent Social Media Use in Race Based Trauma
- Intimate Partner Violence and Suicide: Intersections in Context and Practice
- Ketamine for Depression: Is the Hype Holding Up? Mechanisms and Evidence
- Lifelong Learning: Harmonizing the Neurobiology and Treatment of Obsessive-Compulsive Disorder
- Lifelong Learning: Psychedelics and Psychedelic-Assisted Psychotherapy
- Managing Outpatient Risk from Routine Care to High-Risk Patients
- Neurobiology and Treatment of Post-Traumatic Stress Disorder
- Office-Based Buprenorphine Treatment of Opioid Use Disorder (*Online*)
- Psychedelic-Assisted Psychotherapy for PTSD: Theory, Technique and Context
- Psychedelics as Therapeutic for Substance Use Disorders - Emerging Treatment Update
- Psychopharmacology Master Class: The Art of Psychopharmacology
- Rapid-acting Antidepressants: New Treatments, New Hope, and New Insights Into the Brain
- Adolescents and Substance Use Disorders: Prevention, Treatment and Recovery
- At Risk: Integrating Mental Health, Law & Advocacy to Improve the Well-Being of Vulnerable Immigrant Populations
- Clinical Approaches for Reproductive Psychiatry
- Clinical Management of Perinatal Mental and Substance Use Disorders
- Developmental cascades after early life adversity in a national sample of African American adolescents
- Double Minorities: Exploring Systemic Barriers Against Non-US International Medical Graduates in Academic Psychiatry
- Ethical Issues in Treating LGBTQ Patients
- Ethnopsychopharmacology
- Exploration of How to Care for Pregnant Women with Psychiatric Illness
- From the Battlefield to Home Base: Traumatic Brain Injury Advances in Active-Duty Military to Veteran Healthcare
- Lifelong Learning: A Population-Based Analysis of the Relationship Between Substance Use and Adolescent Cognitive Development
- Lifelong Learning: Reduction in Mental Health Treatment Utilization Among Transgender Individuals After Gender-Affirming Surgeries: A Total Population Study
- Microaggressions in South Asian Americans: Mental Health Consequences and Community Strategies
- Muslim Mental Health in America
- Performance in Practice: Practice Assessment Tool for the Care of Patients with Eating Disorders
- The Frontier of Reproductive Psychiatry: New Treatments, New Tests, New Hope
- The Unequal Impact of the Opioid Epidemic in the African American Community: Insights for Psychiatrists
- Training Gaps in Perinatal Mental Healthcare
- Transgender-Affirming Care: What Every Psychiatrist Should Know
- Who Gets Left Out? Racial Inequities in Mental Health Diagnosis and Treatment
- Understanding the Impact of Racism on Psychosis for Black Americans
- Women's Mental Health Care in 2022: Practice Tips and Resources for Advancing Quality and Reducing Risk
- Vulnerable and Underserved Populations with Perinatal Mental and Substance Use Disorders



Special Populations

- A Paradigm Shift: Recovery Education for Adults Experiencing Homelessness
- Adapting Evaluation and Treatment of ADHD for High IQ Kids and Adults on the Autism Spectrum